



## Cheshire & Warrington School Games Festival QuadKids Athletics (Primary)

KEY INFORMATION	
<b>Age Category</b>	Year 5 and 6
<b>Squad size</b>	8-10
<b>Gender</b>	4/5 male and 4/5 female
<b>Eligibility</b>	No restrictions beyond age and gender criteria.
<b>Basic Rules</b>	<p>Each team member takes part in every event:</p> <ul style="list-style-type: none"> <li>• Standing Long Jump</li> <li>• Vortex Howler Throw</li> <li>• 75m Sprint</li> <li>• 600m Run</li> </ul> <ul style="list-style-type: none"> <li>• For each event, each team member receives a score based on their performance (time/ distance etc)</li> <li>• Each athlete has 3 attempts at the jump and throw activities, with their best score counting</li> <li>• There is 1 attempt at the run (however there can be up to 3 attempts if time allows)</li> <li>• There is a team relay race at the end of the event (only if time allows)</li> <li>• Team member points are added together and an aggregate score is worked out</li> <li>• In teams of 10, the top 8 scorers in each event count towards the total team score.</li> </ul> <p>Full rules will be posted onto the School Games webpage</p> <p><b>Schools will be required to submit an electronic declaration sheet to their School Games Organiser at least 7 days prior to the Festival</b></p>

COMPETITION DELIVERY DETAILS	
<b>Name</b>	Andy Walker
<b>Role</b>	QuadKids Lead
<b>Organisation</b>	On behalf of the Cheshire & Warrington School Sport Alliance